



IN-20-3021

How to **SURVIVE** the Future

EPISODE 2: BLOOMINGTON BIRTH CENTER

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A SHOW ABOUT TODAY FROM AN IMAGINED TOMORROW

INFO

Title: Bloomington Birth Center

Episode Description:

Katie is a criminology professor and a doula. She's also the mother of two sons. They're grown men at this point, but they still do dinner together almost every week – along with her older son's wife, and her husband. This episode starts with some news from Katie's daughter-in-law.

Interviewee(s): Katie Barrus

Groups/Orgs mentioned: Bloomington Birth Center

Episode Link: IndianaHumanities.org/future/

Other links: TandemBloomington.org/

QUOTES

- "It was the most amazing and the most frightening sense of responsibility and love and transformation." – [4:25](#)
- "But when we got to the hospital, it became scary to me." – [7:09](#)
- "After I had the epidural, I very much became, like, a patient to the staff. Like an unnamed patient, kind of. They were doing things to me, and I was just kind of on the bed with no feeling." – [9:43](#)
- "Only then did it really hit me that that experience was traumatic for me." – [16:09](#)

DISCUSSION QUESTIONS

- How did Katie's birth story challenge the mainstream narrative of giving birth?
- How did these stories affirm or challenge your understanding of the birthing process?
- How have you connected with the "generations of labor" in your life?
- What advice will you give to the daughter figures in your life?